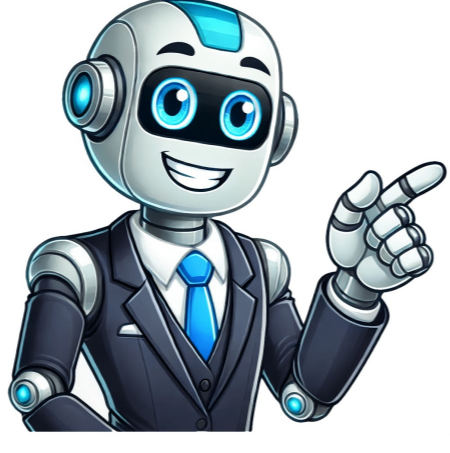


I'm not a robot

















## Pregnancy test at kaiser permanente

When you see two lines on a pregnancy test - one dark and one light - it's natural to feel confused and uncertain about what it means. This article helps clarify the possible interpretations behind this common scenario. A single dark line is usually a positive sign, indicating the presence of hCG in your body, which confirms pregnancy. However, if you see both a dark and light line, there are various factors to consider that could affect the visibility of the lines, such as the test's sensitivity, timing, or concentration of hCG. It's also possible that the test was taken too early or late, or that the test itself is not sensitive enough to detect lower levels of hCG. If you're unsure about your results, it's always best to consult a healthcare provider for personalized guidance and support. They can perform further tests to confirm your pregnancy status and address any questions or concerns you may have. Remember to take care of yourself during this time and consider seeking support from loved ones as well. Regardless of the outcome of a pregnancy test, it is crucial to prioritize self-care and emotional well-being. If the results bring about mixed emotions or uncertainty, consider reaching out to a healthcare provider or support group for guidance and support during this time. A pregnancy test can check if the hormone hCG is present in your blood or urine, which indicates whether you are pregnant. Many women use home pregnancy tests to determine their pregnancy status, and the test results will guide your doctor's care for you and the baby. In general, there's nothing you have to do before taking a pregnancy test, unless your healthcare provider advises otherwise. A health professional may conduct a urine or blood test for pregnancy in their office, clinic, or lab, which typically takes just a few minutes and doesn't require any preparation. If you're pregnant, you'll receive more information from your doctor, and it's essential to follow up with routine appointments and screenings throughout your pregnancy. Defects can be identified through screening tests, which assess the risk of your baby being born with certain birth defects. These screenings are completely safe and pose no risk to your pregnancy. You might consider a screening test if you want to know your baby's risk for birth defects like Down syndrome or spina bifida, or if you're looking for more information before having a diagnostic procedure. On the other hand, diagnostic procedures can accurately detect certain birth defects, but they are more invasive and carry a small risk of miscarriage (less than 1 in 300). Your healthcare provider may recommend testing based on your age, family history, or signs that there could be a problem. There are four types of screening tests: Serum Integrated Screening Testing, Sequential Integrated Screening Testing, Non-Invasive prenatal screening (NIPT), and Quad marker screening. Each test has its own characteristics, such as the timing of testing, detection rates, and availability of results. Diagnostic procedures include CVS (chorionic villus sampling) and Amniocentesis. Both tests can detect more than 99% of chromosome abnormalities, but they have different risks and result times. Your healthcare provider will discuss your options during prenatal care appointments and answer any questions you may have. Ultimately, the decision to test for birth defects is a personal choice, and some tests may vary by state. The purpose of this license is to enable flexible use of the material, including commercial applications. It allows for adaptation, modification, and distribution under the same terms as the original work. Key requirements include: - Providing attribution and linking to the license - Indicating changes made to the material - Distributing contributions under the same license - Not applying additional restrictions that may limit others' use - Complying with applicable exceptions or limitations for elements in the public domain