

I'm not a robot

































... in that wealth. Because, in general, resources are much more equally distributed in small-scale compared with larger-scale societies, material poverty in small-scale societies may be experienced very differently from poverty in societies with significant storable and heritable wealth and wealth inequalities (Jaeggi et al., 2020). Wealth can be defined in various ways: (1) material, (2) material and (3) embodied (Borghetto-Mader et al., 2019). The relative scarcity of owned, defensible material wealth, and the many human practices (expressions) that promote its accumulation, e.g., Amber, 2003; Rowley-Conwy, 2001) entail a comparatively minor wealth inequality. Egalitarianism in material resource access limits the formation of rigid, pronounced gradients in health and longevity along status lines that reliably emerge among humans and other primates (e.g. Kondo et al., 2009; Marmot et al., 1991; Sapolsky, 2005). Minimal wealth inequality diminishes subjective experience of deprivation and subordination and associated adverse health consequences, including chronic psychosocial stress and depression (see Snyder-Mackler et al., 2020 for an overview). Foragers who have been able to intensify resource exploitation and produce storable food surpluses which are then defended and transmitted are exceptions that prove the rule: alongside stable material wealth differentials we observe among some foragers state-graded variation in well-being, including the existence of slavery. Status hierarchies do indeed exist across diverse small-scale societies, but rather than resulting simply from variation in material wealth, they are often linked to relational wealth (i.e. social ties in marriage, food-sharing and other cooperative networks) and embodied wealth (i.e. physical and cognitive abilities, such as strength and knowledge/skill, underlying variation in food production and reproductive success). At the same time, as Hobbes intimated, inhabitants of small-scale societies often face undesirable physical conditions including harsh and unpredictable environments (e.g. extreme temperatures, omnipresent insects), predation, diverse infectious diseases (a major cause of mortality), and food and water shortages. Nevertheless, Hobbes's erroneous characterisation of life in small-scale societies overlooks numerous enjoyable leisure activities within such societies, including storytelling (Schniter et al., 2018; Smith et al., 2017), music-making, singing and dancing (Mehr et al., 2019), sport (Trumble et al., 2012) and communal beer-drinking (Hooper et al., 2013), that have long been posited to play central roles in socialisation, information exchange and/or entertainment, but whose form and function are only recently being understood empirically. Beer drinking is of course a product of post-agricultural societies, but consumption of psychoactive substances which may have been used as ceremonial recreation, labouring may have a longer history that predates the Neolith (Hagen & Puhling-Dahl, 2019). Notwithstanding the recurring potential for violence in small-scale societies, Hobbes's use of the word 'brutish' also seems quite inaccurate to describe the subtle mechanisms deployed in many such societies to manage conflict. Precisely because overt conflict or its threat was frequent, we would expect strong selective pressure to evolve strategies for managing conflict. This point has been explored in particular detail in de Waal (2017). Boehm (1999) documents the many ways in which the relatively egalitarian social structure of some hunter-gatherers both requires and facilitates respect for individual autonomy. Potentially powerful individuals cannot easily dominate, and if they try they face countervailing pressure from coalitions of others (see Garvillet, 2012, for a theoretical application). Violence is often shunned in daily life (e.g. Tacey & Riboli, 2014); its sanctioned use is generally reserved for extreme cases (e.g. punishing murderers). Excessive use of violence for punishing norm violators often entails moral outrage (Mathew, 2017) and reputational and other costs to overly aggressive norm enforcers. Wrangham (2019) provides an overview of the strategic use of aggression to discipline individuals who are excessively prone to exercise what he calls 'reactive aggression' (i.e. a response to a threat or frustrating event, with the goal being only to remove the provoking stimulus), and suggests that this human tendency played a major role in our physical and psychological evolution. Among Aka hunter-gatherers of the Central African Republic, individuals 'cite physical or verbal fighting as one of the worst things one individual can do to another, along with not sharing, stealing food or husbands/wives, and sorcery' (Hess et al., 2010: 338-339). In many small-scale societies a common response to conflict is for one or multiple involved parties to disperse to another residential group (for short or longer durations, as Rousseau intimated). Relocation costs are relatively low in the absence of formal property rights. When norms are violated within the group, punishment commonly takes the form of criticism, shaming, ridicule, ostracism, mocking or even joking rather than violence (Wiessner, 2005). Third-party mediation is another common strategy for peacefully resolving disputes, and conflict resolution is a common function of leaders in small-scale societies (see Garfield et al., 2020 and references therein). Other tactics for minimising aggression include arranging marriages for young girls (e.g. Shostak, 1981), which can serve to reduce male competition and unite in-laws. Maintaining group cohesion and reducing tensions can also be accomplished through trance healing dances and 'fireside chats' (Wiessner, 2014). Even families involved in lethal conflicts can avoid the temptation of enacting revenge, e.g. by portraying the incident as a random and isolated incident (e.g. owing to intoxication), or by regarding an aggressor as mentally unstable and not deserving of further attention. Finally, Hobbes's characterisation of life in the state of nature as 'short' was in important respects mistaken. It is true that recorded human life expectancy has increased linearly by three months per year over the past 160 years (Oeppen & Vaupel, 2002), with improvements in sanitation, nutrition and public health accounting for much of this change. Life expectancy at birth is projected to continue increasing in industrialised countries worldwide through 2030, largely owing to enhanced longevity at older ages (Kontis et al., 2017). By 2030 female life expectancy may exceed 90 years. Such high survival rates have probably never occurred before in human history. Nevertheless, despite their lower life expectancies, hunter-gatherer and horticultural populations with limited access to medical care and sanitation are likely to reach middle age and older adulthood if they survive early childhood (Gurven & Kaplan, 2007). High infant and child mortality yields a life expectancy at birth of 21-37 years for hunter-gatherer populations, but conditional on survival to age 15 years, the modal age of death for hunter-gatherers, horticulturalists and even eighteenth-century Europeans ranges from 68 to 78 years. Human longevity is therefore not simply an artefact of improved living conditions. Moreover, many chronic causes of morbidity and prevalent causes of mortality in industrialised populations (e.g. cardiovascular disease, diabetes, obesity, hypertension, also known as 'diseases of civilisation') are rare or absent in small-scale societies (e.g. Gurven et al., 2012; Kaplan et al., 2017). This apparent paucity of non-communicable disease is not a result of short lifespan. Rather, various features of lifestyle such as lean and high-fibre diets free of processed foods, high physical activity levels, minimal smoking and other behaviours with protective factors common to many small-scale societies. It might seem as though empirical evidence would hardly be relevant to the question of the good life for humans, which is essentially a matter of value judgements. However, this ignores the fact that evidence from small-scale societies has yielded some valuable insights into aspects of daily life that are reliably associated with mental health, or with various forms of psychological distress including depression. A philosophical theory of the good life for humans is not just a set of value judgements, but also a (loosely) empirical set of hypotheses about the kinds of activities that lead to humans' judging their lives to be worthwhile, and that lead to human flourishing. Of course, some philosophers have accorded greater weight than others to the judgements of individuals, who are not necessarily considered the best judges of what is good for them. Some (like Nietzsche) have even attacked the idea that contentment with one's life is a desirable state, considering that various forms of striving are far more noble ideals even if these bring stress and disappointment in their wake. Nevertheless, it is worth noting that evidence has accumulated in recent years in favour of the view that, although there is much between- and within-societal variation in what individuals consider to be worthwhile forms of living, the majority of individuals derive important benefits from intrinsically social aspects of their lives – their networks of family, friends, colleagues and neighbours. Even if some material circumstances are capable of causing great unhappiness – physical illness is a frequent cause of depression, for example – above a certain level of material comfort the contribution of material prosperity to human fulfillment is relatively unimportant. Psychologists have recognised that human interdependence shapes the self-concept (Markus & Kitayama, 1991) such that social identity is an essential component of self-concept ('identity fusion'). Ingroup fusion indeed predicts costly self-sacrifice in economic experiments among subsistence and market-integrated populations (Purzycki & Lang, 2019). Given the importance in terms of biological fitness of inter-individual transfers of resources and assistance in every phase of the human life course (Lee, 2014), it is likely that human psychological well-being responds to the nature and quantity of those transfers (Stieglitz et al., 2014). In particular, deviations of resource transfers from expectations can affect psychological well-being. Resource flows can be disrupted for various reasons: one principal source of disruptions is the inability to provide support for others owing to disability, illness, or some other permanent or temporary shock. Given that downward resource transfers from older to younger individuals are expected in small-scale societies and that illness and disability become increasingly prevalent with age, the inability to provide and share expected resources can be a principal driver of reduced psychological well-being among aging adults. Limited evidence from small-scale societies (Stieglitz et al., 2014, 2015) suggests that risk of depression increases with age, as health, functional ability and productivity decline, and is not characterised by a 'mid-life crisis' as in modern societies (Blanchflower & Oswald, 2008). Space constraints prevent us in this paper from reviewing the massive literature on political arrangements in small-scale societies, as well as from distinguishing as much as we would have liked between more or less segmented forager societies (see Garfield et al., 2019, for a substantial review of one key dimension of political arrangements, namely political leadership). However, we can make some observations about the extent to which particular informal social institutions have proven robust in the face of individual incentives to disrupt them. The work of Boehm (1999) cited above suggested that the relatively egalitarian distribution of both material resources and power in certain small-scale societies was the product not of an absence of competitive instincts among their inhabitants but rather an equilibrium in which those competitive instincts were kept in check by the countervailing power of others. Furthermore, a talent for mobilising such countervailing power was suggested by Boehm to be one of the major adaptive innovations of the human social order under certain conditions. To the extent that that countervailing power was successful, its mobilisation could be considered a significant public good. At least in egalitarian hunter-gatherers, in contrast to the views of Machiavelli and Hobbes, influence is exercised largely through prestige rather than dominance, a distinction emphasised by Henrich and Gil-White (2001). Small-scale societies have also shown considerable ingenuity in mobilising their members to provide other kinds of public goods, including participation in hunting and defence operations (Boyd, 2017). Such participation is clearly strategic and responsive to the fitness benefits of collective action. In particular, as emphasised by Glowacki et al. (2020), 'warfare is a strategy by which coalitions of males cooperate to acquire and defend resources necessary for reproduction. This strategy is not the result of a single "instinct" for war, but is instead an emergent property resulting from evolved psychological mechanisms (such as xenophobia and parochial altruism). These mechanisms are sensitive to ecological and social conditions, such that the prevalence and patterns of warfare vary according to subsistence strategies, military technology, cultural institutions, and political and economic relations'. It is notable that the small-scale societies that have implemented collective action in this manner have all done so in spite of the absence of formal legal institutions, which suggests that the social contract theorists considerably underestimated the ability of human societies to find informal solutions to the problems generated by the state of nature. Among the chief mechanisms for achieving collective action has been the establishment and enforcement of norms (Boyd, 2017) for policing perceived anti-social behaviour. In small-scale and other societies, theft is perceived as immoral, worthy of firm punishment and damaging to one's reputation (Barrett et al., 2016). This would of course have been less surprising to earlier thinkers – Confucius, for example, laid particular emphasis on righteousness, namely on maintaining integrity in the face of temptation. Relatedly, language in small-scale societies reveals a broadly similar set of normative concerns. A lexical study of 'human attribute concepts' (i.e. traits ascribable to humans) in 12 isolated languages spanning most habitable world regions outside of Europe found that jealousy and crookedness are relatively ubiquitous human traits (Saucier et al., 2014). Similarly, honesty and dishonesty are among the most salient cross-cultural indicators of good and bad people, respectively, based on free-list responses capturing local attitudes (Purzycki et al., 2018). Marital infidelity is regarded harshly cross-culturally (Scelza et al., 2020), and is the most commonly cited reason for divorce (Betzig, 1989). Given the importance of inter-dependence for survival throughout human history, it has been hypothesised that the emotion of shame evolved to avoid or minimise social costs incurred from committing immoral acts (Szyner et al., 2018). Along with such norms there is widespread acceptance of the idea that virtuous people should be sought out as social partners, and that anti-social individuals should be shunned. 'Let in the field' economic experiments among Hadza hunter-gatherers of Tanzania and Tsimane forager-horticulturalists of Bolivia indicate that, despite substantial residential mobility, cooperators are preferentially connected to other cooperators in social networks (Smith et al., 2018; Stieglitz et al., 2017). In Bwa Mawego, Dominica, men with better altruistic reputations form more same-sex reciprocal labour partnerships than men with poorer reputations (Macfarlan et al., 2012). Finally, the Hadza appear to agree on which traits constitute moral character (i.e. being a hard worker, generosity and honesty) but disagree on which specific camp mates actually exhibit these traits (Smith & Apicella, 2019), suggesting plasticity in individual dispositions depending on context. In addition to providing public goods and policing anti-social behaviour, individuals in small-scale societies also engage in other kinds of collective activity of a kind that can be described as rituals, the difference being that in rituals the activity is itself constitutive of the benefit and is not merely instrumentally useful. Of course, some kinds of activity (including the collective exercise of violence) may come to acquire a performative character through its repetition over time. There is a good deal of variation between theorists considered here (and some creative ambiguity) with respect to whether they believed the state of nature to be a real state that had ever existed, or merely a rhetorical device to contrast the actual human condition with what we might have been like without formal institutions. Locke took some trouble (at the end of Chapter 2 of the Second treatise, for example) to defend the view that it had once really existed. Likewise, Hobbes writes in Chapter 13 of Leviathan that 'during the time men live without a common Power to keep them all in awe, they are in that condition which is called Warre; and such a warre, as is of every man, against every man'; he uses the present tense, not the conditional. In the following section he is then very explicit: It may peradventure be thought, there was never such a time, nor condition of warre as this; and I believe it was never generally so, over all the world: but there are many places, where they live so now. For the savage people in many places of America, except the government of small Families, the concord whereof dependeth on natural lust, have no government at all; and live at this day in that brutish manner, as I said before. Nevertheless, in his arguments Hobbes does not draw on any historical description, but rather on his abstract reflections about the natural equality of men in terms of physical strength and cunning, which leads to 'difference', by which he means a natural fear of each other. In terms of the way in which modern game-theorists use equilibrium analysis, we can think of Locke as considering the state of nature to be an actual outcome of social arrangements under some real conditions, while Hobbes mainly considered it an 'out-of-equilibrium' state, the credible threat of which was enough to persuade rational individuals to grant legitimacy to the sovereign. Rousseau's view is harder to characterise, since he repeatedly uses ambiguous language. For instance, in Chapter 6 of Book 1 of The social contract, he writes 'I assume that men reach a point where the obstacles to their preservation in a state of nature prove greater than the strength each man has to preserve himself in that state ... the only way in which they can preserve themselves is by uniting their separate powers'. He is clearly describing a social process, not an exercise in reflection. On the other hand, he uses the present rather than the past tense and writes 'I assume' ('Je suppose' in the original French) in a way that suggests at least some tentativeness about whether such a process actually occurred. In a passage from the Discourse he even writes 'Let us begin then by setting facts aside, as they do not affect the question'. However, Rousseau's later discussion of the origins of the Roman republic in Chapter 4 of Book 2 also suggests he believed he believed that he believed it had once really existed. Likewise, Hobbes writes in a special issue to mark the 150th anniversary of the publication of Charles Darwin's The descent of man. We are grateful to the editors for this invitation, to Sergey Garvillet and two anonymous referees, and to Ingela Alguer, Jean-Baptiste André, Nicolas Baumard, John Broome, Zach Garfield, Mark Greenberg, Alissa MacMillan, Catherine Mohr and Manvir Singh for comments on an earlier draft. All authors contributed equally to the paper. 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