

I'm not a robot



The nitrogen cycle diagram shows the flow of nitrogen through the atmosphere, soil, and living organisms. The cycle is driven by the atmosphere, which provides the primary source of nitrogen for plants and animals. The cycle is a continuous process, with nitrogen being recycled and reused over and over again. The diagram illustrates the various stages of the cycle, from the atmosphere to the soil and back to the atmosphere. The cycle is a complex and interconnected system, with many different pathways and processes involved. The diagram is a simplified representation of the cycle, but it provides a clear overview of the main components and processes.

The series of processes by which nitrogen and its different forms are circulated and interconverted in nature with the help of livingorganisms is called the nitrogen cycle. It shows the path that nitrogen followsthrough the biogeochemical cycle using its storage reservoirs, such as theatmosphere, living organisms, and soil. Nitrogen Cycle Diagram
The entire process of the Nitrogen Cycle, one of the importantbiogeochemical cycle takes place in five stages:
1) Nitrogen Fixation by Bacteria
Convertinginert atmospheric nitrogen (N2)into biologicallyavailable forms such as ammonia (NH3), nitrates, or nitrites
2) Nitrification by Bacteria
Converting ammoniato nitrite and then to nitrate
3) Assimilation by Plants
Absorbingnitrogen from the soil and incorporating them in the plant and animal bodies
4) Ammonification by Decomposers
Converting the deadorganicnitrogen of plants or animals back into ammonia
5) Denitrification by Denitrifiers
Reducingnitratesor nitrates and releasing gaseous nitrogen
Whatrole do bacteria play in the nitrogen cycle?
Nitrogen fixation (N2) by two different groups of bacteria
a) symbioticinertion fixers like Rhizobium, which keep a close association with the hostleguminous plant, andb) free-living,non-symbiotic bacteria like Azotobacter. Both these group of bacteria use specific enzymes to complecthe biological nitrogen fixation process by the following reaction:
N2+ 8 H+ + 8 e- + 12 NH3+H2
Nitrogen Fixation Performed by Free-Living Bacteria
Ammonia-oxidizing bacteria such as Nitrosomonas species perform oxidation of ammonia to nitrite by the following reaction:
2NH4+ + 3O2 -> 2 NO2- + 6 H2O
Nitrite-oxidizing bacteria such as Nitrobacter species perform oxido of nitrite to nitrate (NO3-) by the following reaction:
2 NO2- + O2 -> 2 NO3-
Plants help in the assimilation of nitrogen when they absorb it from the soil in the form of ammonia, nitrate or ammonium ionsto form plant and animal proteins. In leguminous plants such as pea and bean, the symbiotic association helps in the assimilation of nitrogen directly in the form of ammonium ions. Detritus feeders or decomposers such as fungi and bacteria present in the soil convert the dead organicmatter of plants or animals back into ammonia (NH3) or ammonium ions (NH4+). Denitrifiers such as Clostridium and Pseudomonas helps in the reduction ofnitrates (NO3-)or nitrites (NO2),resulting in the escape of gaseous nitrogen which again returns to the cycle.
Lightning with thunderstorm serves as an important source of fixing nitrogen in the atmosphere apart from bacteria mediated nitrogen fixation. Here the energy of lightning breaks atmospheric nitrogen into oxideswhic can then be utilized by plants for assimilation.
Allowing plants and animals to use nitrogen by converting atmospheric nitrogen to a more chemically available form such as ammonium (NH4+), nitrite (NO2), or inorganic nitrogen
Enriching the soil through the formation of Nitrates and nitrites which are essential for the cultivation
Helping in the synthesis of some biomolecules such as amino acids, nucleic acids, and chlorophyll, the building blocks of life
Decomposing dead plant and animal matter by decomposers which cleans up the environment
Humanactivities release excess nitrogen into the environment, eventually disturbingthe balance of nitrogen in its different reservoirs in two possible ways:
Burning of Fossil FuelsUse of Nitrogen-Containing Fertilizers
Burning fossil fuels like coal, petroleum, and natural gas releases excess nitrogen into the environment that accumulates over time. An increase in the concentration of nitrogen is found to affect the climate of the earth by gradually increasing its temperature, causing greenhouse effect and global warming. When artificial fertilizers containing nitrogen are used in the agriculture, it contributes to the earth's water quality by making it unfit for plants to absorb themitrogen. Both the terrestrial and aquatic plants are affected by the artificial nitrogen cycle.
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The nitrogen cycle is the system by which nitrogen is converted into different chemical forms, so as to be available to humans and animals and some non-living organisms in the atmosphere, the land and the oceans.
Encyclopaedia Britannica/Getty Images/HowStuffWorks
Living things acquire nitrogen for their cells to function and, furthermore, we are virtually steeping in the stuff since our atmosphere is made up of 78 percent nitrogen gas. Although nitrogen's lurking basically everywhere, it's not abundant in the Earth's crust, and it's difficult for living things to capture atmospheric nitrogen and use it for their purposes. The nitrogen cycle steps are kind of like a currency exchange, converting nitrogen into different forms, some of which plants and animals can use, and some of which they cant. "Nitrogen is a major part of amino acids, which are the building blocks of proteins and nucleic acids such as DNA," says Jessie Motes, a Ph.D. candidate in the Odum School of Ecology at the University of Georgia, in an email. "In addition to needing nitrogen for proteins in plants, it is a main component of chlorophyll, which makes it crucial for photosynthesis." Since nitrogen is a limited resource on this planet, a nitrogen atom doesnt spend much time doing nothing when it's in a form living things can use scientists call this nitrogen "fixed." Fixed nitrogen is taken up by plants, which are eaten by animals, which eat other animals, which die and decompose and release nitrogen back into the ecosystem to be worked on by bacteria or plants. This is the cycle of a nitrogen atom on Earth, and its journey starts either very quietly or with a humongous bang. Believe it or not, lightning and bacteria are primarily responsible for turning atmospheric nitrogen into nitrogen living things can use, in a process called nitrogen fixation. Atmospheric nitrogen (N2) is very stable, so it takes an incredible amount of energy to convert it to a different form. Lightning Strikes If you've ever wondered why your outdoor plants seem happier after a rain than they do when you turn on the sprinkler, the reason is that lightning strikes atmospheric nitrogen (N2) and water (H2O) together to produce nitric oxide (NO) and nitric acid (HNO3), which forms nitrate. Nitrate is an important nutrient for plants. On the other end of the spectrum, the most common way nitrogen is made available to organisms is when atmospheric nitrogen is fixed by bacteria, some of which live free in the soil and other of which enjoy a symbiotic relationship with certain plant species. Legume like peas, clovers and peanuts have little nodules in their roots that attract bacteria that convert stubborn atmospheric nitrogen into ammonia or ammonium, which can then be used to power the plant. This process is known as biological nitrogen fixation, and it turns organic nitrogen gas into inorganic nitrogen compounds like ammonia and ammonium. Ammonia in the soil can be used directly by plants, but it's also the first step in the process of nitrification, through which specialized bacteria and archaea convert ammonia into nitrite (NO2), and then pass it off to an entirely different set of prokaryotes that further oxidize the nitrite into nitrate (NO3-). This process is slow, but it's the way that nitrogen is built as a nutrient in soil and aquatic and marine environments terrestrial plants, for instance, can absorb ammonium and nitrate through their root hairs. The organisms that specialize in nitrification are also important in treating municipal wastewater. Everything living eventually dies, and the nitrogen a particular organism was using when it croaked is taken to hand by bacteria that turn the nitrogen-rich corpse into ammonium, which can be picked back up by plants and used again. It's possible to convert bioavailable nitrogen into atmospheric nitrogen again, and that process is called denitrification. Nitrification is performed by bacteria and archaea that can tolerate oxygen not all prokaryotes can. In the case of denitrification, certain anaerobic bacteria that don't need oxygen convert nitrate to nitrogen gas, which floats up into the atmosphere and plays hard-to-get until a or a crafty nitrogen-fixing bacterium comes along and ropes the gaseous nitrogen into the nitrogen cycle yet again. "Like most natural processes, anthropogenic activities are disrupting the nitrogen cycle through nitrogen deposition," the microbial pathogen responsible for the atmospheric nitrogen fixation in Brassica, which forms a symbiotic association with Anabaena, a cyanobacterium.
Diagram of Nitrogen Cycle
Plants take up nitrate or ammonium from the soil through their root hairs. Nitrate is initially converted to nitrite ions and then further reduced to ammonium ions, which are used to synthesize amino acids, nucleic acids, and chlorophyll.In plants with a symbiotic relationship with rhizobia, some nitrogen is directly assimilated from the nodules as ammonium ions.It has been discovered that there is a more complex exchange of amino acids between Rhizobia bacteroids and plants. The plant supplies amino acids to the bacteroids, eliminating the need for ammonia assimilation, and in return, the bacteroids provide amino acids containing newly fixed nitrogen back to the plant, creating a mutually dependent relationship.While many animals, fungi, and other heterotrophic organisms obtain nitrogen by consuming amino acids, nucleotides, and other small organic molecules, some heterotrophs, including many bacteria, can use inorganic compounds like ammonium as a nitrogen source.Ammonia is a form of nitrogen that can be utilized by living organisms. Organic nitrogen, present in materials like proteins, amines, amides, and urea, is converted into ammonia by microbial populations.The extent of decomposition depends on the type of microbes acting on the organic matter. Proteins are broken down by proteolytic enzymes, which are extracellular.Microorganisms involved in ammonification include bacteria such as Pseudomonas, Bacillus, Clostridium, and Serratia, and fungi like Alternaria, Aspergillus, Penicillium, and Mucor.The aerobic decomposition of proteins results in carbon dioxide, ammonia, water, and sulfates, while anaerobic decomposition (putrefaction) produces hydrogen sulfide, mercaptans, and other compounds.Ammonia production from urea involves microbes like Bacillus, Proteus, Micrococcus, and Sarcina. Amines are processed by Pseudomonas, Protomicrobacter, with the help of amino oxidases, and amides are converted to ammonia by the enzyme amidase.Ammonia, being a volatile and positively charged compound, can disperse or bind to negatively charged clay particles in the soil. This ammonia may then be readily oxidized, leading to the next step in the cycle, which is nitrification.Nitrification is the process that transforms ammonia into nitrite and then into nitrate, and it is a crucial step in the global nitrogen cycle. Most nitrification occurs aerobically and is performed solely by prokaryotes, involving two distinct phases carried out by different microorganisms. The first phase involves the oxidation of ammonia to nitrite, which is carried out by ammonia-oxidizing microbes, such as Nitrosomonas. These aerobic ammonia oxidizers convert ammonia to nitrite through an intermediate hydroxylamine, using two enzymes: ammonia monooxygenase and hydroxylamine oxidoreductase.This process produces only a small amount of energy compared to other metabolic processes, which makes these bacteria slow growers.Additionally, aerobic ammonia oxidizers are autotrophs, fixing carbon dioxide to produce organic carbon, similar to photosynthetic organisms, but using ammonia as their energy source instead of light. While many microbes perform nitrogen fixation, ammonia oxidation is less widespread among prokaryotes.It was previously believed that only a few bacterial genera, such as Nitrosomonas, Nitrospirira, and Nitrospococcus, were responsible for ammonia oxidation. However, in 2005, an archaeon capable of ammonia oxidation was discovered.The second phase of nitrification is the oxidation of nitrite (NO2) to nitrate (NO3), carried out by a different group of prokaryotes known as nitrite-oxidizing bacteria.Nitrospira, Nitrobacter, Nitrococcus, and Nitrospira involve in oxidation of nitrate. Similar to ammonia oxidizers, the energy produced from nitrite oxidation is minimal, resulting in low growth yields.Both ammonia- and nitrite-oxidizers must process many molecules of ammonia or nitrite to fix a single molecule of CO2. Complete nitrification requires both ammonia oxidation and nitrite oxidation. These microorganisms are found in various aerobic environments, including soils, estuaries, lakes, and open-ocean environments. They also play a vital role in wastewater treatment facilities by removing excess ammonia that comes from effluents receiving waters.Denitrification is the process that converts nitrate into nitrogen gas, effectively removing bioavailable nitrogen from the atmosphere.The final product of denitrification is nitrogen gas (N2), though intermediate gaseous forms like nitrous oxide (N2O) also occur. Nitrous oxide is a greenhouse gas that can react with ozone and contribute to air pollution. In contrast to nitrification, denitrification is an anaerobic process, taking place primarily in soils, sediments, and anoxic zones in lakes and oceans. Similar to nitrogen fixation, denitrification is carried out by a variety of prokaryotes, including bacteria from genera such as Bacillus, Paracoccus, and Pseudomonas. These denitrifying bacteria are chemoautotrophs and require organic carbon for their growth. Denitrification is crucial for removing fixed nitrogen, such as nitrate, from ecosystems and converting it into a biologically inert form (N2).This process is especially significant in agriculture, where nitrate loss from fertilizers can be both costly and damaging. Conversely, denitrification in wastewater treatment is beneficial as it helps remove excess nitrates from wastewater, reducing the risk of adverse effects like algal blooms in the discharged water.Nitrogen cycle does have significant ecological and economic roles, which can be summarized as follows:Nitrogen cycle help inert nitrogen gas to get converted into usable form for plants and other organisms.Since, Nitrogen is crucial part of cell, as it is an component in the formation of various biomolecules. The photosynthetic process in plants need chlorophyll. Nitrogen is one of the major components in the formation of chlorophyll.This process involves in the process of ammonification, during which several decomposers converts animals and plant matter, through decomposition.During this cycle, nitrates and nitrites are released in soil, which will enhance the fertility of soil and increases the productivity.It involves in the process of denitrification, inwaster treatment facilities it convert the excess nitrate into nitrogen gas which is then released into the atmosphere.The nitrogen cycle is a biogeochemical process where nitrogen is converted into various chemical forms as it circulates through the atmosphere, land, and marine ecosystems. The nitrogen cycle involves both the physical and chemical processes. The nitrogen cycle is a biogeochemical process where nitrogen is converted into various chemical forms as it circulates through the atmosphere, land, and marine ecosystems. 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It is thought that the first nucleotides and amino acids formed naturally under the volatile conditions of early Earth, where energy sources like lightning strikes could cause fixing nitrogen and other atoms to react and form complex structures.This process might have naturally produced self-replicating organic chemicals but in order to reproduce and evolve, life needed to figure out how to make these nitrogen compounds on demand.Today, nitrogen fixers are organisms that can turn nitrogen gas from the atmosphere into nitrogen compounds that other organisms can use to produce nucleic acids, amino acids, and more. These nitrogen fixers are such a vital part of the ecosystem that agriculture cannot occur without them.Ancient peoples learned that if they did not alternate growing nitrogen-consuming crops with nitrogen-fixing crops, their farms would become fallow and unable to support growth. Today, most artificial fertilizers contain life-giving nitrogen compounds as their main ingredient to make the soil more fertile. While the importance of nitrogen to plant and animal life might make it sound like theres no such thing as too much, there are actually some dangers that can arise from putting too many nitrates in the soil.Like anything else, nitrogen compounds can be toxic in high concentrations. Just like too much oxygen is toxic to air-breathers, plants can suffer harmful effects from nitrogen overdose. Nitrates can also be directly toxic to humans when consumed in large quantities in food or water, nitrates can increase cancer risks and interfere with blood chemistry, leaving blood unable to properly carry oxygen.Blue baby syndrome is one side effect seen in humans who consume high levels of nitrates in their food or water. Another acute worry is the danger of throwing ecosystems out of balance. Some organisms can use nitrogen compounds to grow faster than others and that means that when theres lots of nitrogen around, these organisms can grow so fast that they cause harm to other organisms.One concern that has been raised about the use of artificial nitrate fertilizer is that when it gets into rivers, lakes, and even the ocean, it can cause runaway growth of plant life there.More plant life might sound like a good thing but not when aquatic plants inclde algae that can block sun and oxygen from getting to other aquatic organisms, and even produce toxins that make humans and other animals sick!Nitrate fertilizer in water supplies has been blamed for some blooms of red tides, brown tides, and Pfiesteria bacteria all of which produce toxins that can sicken or kill humans and other animals.The question of how to keep farmlands fertile without using nitrate fertilizers is still being investigated by scientists. It is hoped that someday, sustainable practices using natural or genetically engineered nitrogen-fixing plants may allow farmers to produce high crop yields without adding high concentrations of artificial nitrates to the soil. The Story of ThanksgivingThe story of the first Thanksgiving goes that the pilgrims feasted with the Indians to celebrate their first harvest in the New World. But why was this harvest a big enough deal to throw a feast over? And why, exactly, was it important that the Indians and the European settlers ate together?When the European settlers came to the Americas, they had very little idea of how to survive here. Having worked farms in back in England for generations, the pilgrims assumed that farming here would be very much the same. That turned out not to be the case. The pilgrims had a difficult time growing or finding enough food to last them through the winter.One of the reasons for that was that there was not much nitrogen in the soil where the pilgrims landed. Their crops were not nitrogen-fixing, and they hadnt brought any large livestock. This was a major problem, as manure had been a common source of fertilizer in the old world. After trying in frustration to grow crops in the American soil, the Europeans were shown how to solve their problems by the American Indians.By burying dead fish in their crop fields, the pilgrims restored nitrogen from the fishs proteins and nucleotides to the ground. As a result, their crops flourished and the first European settlers learned from the American Indians how to survive in the New World. Some tribes of Native Americans traditionally grow three crops together, corn, beans, and squash.Often referred to as the three sisters, this crop combination is ingenious for several reasons. For one, eating these three plants in combination provides humans with proteins containing all the essential amino acids.For another, it includes a nitrogen-fixing plant,beans. The beans contain Rhizobium nodules in their roots, which contain bacteria that can convert atmospheric nitrogen into a form thats usable by soil bacteria and, ultimately, plants,Just like burying fish in the fields, growing beans alongside corn and squash assures that the soil does not become too depleted to grow new plants. Even a single crop of corn or squash may grow better alongside nitrogen-fixing beans, as their Rhizobium bacteria nurtures the surrounding soil! Humans first began fertilizing their crops using natural nitrogen-containing substances such as dead fish and animal manure. These waste products of animal life contained proteins, amino acids, and nucleotides which soil bacteria and plants could use to grow.Today, humans have discovered industrial processes which can turn ammonia into nitrates just like those produced by soil bacteria. Plants can use these nitrates directly, and human industry can produce them in large quantities.Unfortunately, the human impact on the nitrogen cycle makes changes to the environment, which can have unintended consequences. Just as artificial nitrates promote the growth of good plants like crops, they can also promote the growth of bad plants and algae that produce toxins and outcompete other life forms.This can be especially problematic when artificial fertilizers are carried by rainwater from farmlands and lawns into rivers and lakes. The result can be the growth of toxic algae that can strangle wetlands and even get into human drinking water. The nitrogen cycle refers to the cycle of nitrogen atoms through the living and non-living systems of Earth. The nitrogen cycle is vital for life on Earth. Through the cycle, atmospheric nitrogen is converted to a form which plants can incorporate into new proteins. Nitrogen was originally formed in the hearts of stars through the process of nuclear fusion. When ancient stars exploded, they flung nitrogen-containing gases across the Universe. Today, the Earths atmosphere is about 78% nitrogen, about 21% oxygen, and about 1% other gases. This is an ideal balance because too much oxygen can actually be toxic to cells. In addition, oxygen is flammable. Nitrogen, on the other hand, is inert and harmless in its gaseous form. However, nitrogen gas is not accessible to plants and animals for use in their cells.Here we will discuss how nitrogen plays a vital role in the chemistry of life and how it gets from the atmosphere, into living things, and back again. The basic steps of the nitrogen cycle are illustrated here:Nitrogen Cycle StepsWell discuss each part of the process below. In the process of nitrogen fixation, bacteria turn nitrogen gas from the atmosphere into ammonia.These nitrogen-fixing bacteria, often called diazotrophs, have an enzyme called nitrogenase which combines nitrogen atoms with hydrogen atoms. Ammonia is a nitrogen compound that can dissolve in water, and is easier for other organisms enzymes to interact with. Interestingly, the enzyme nitrogenase can only function when oxygen isnt present. As a result, organisms that use it have had to develop oxygen-free compartments in which to perform their nitrogen fixation!Common examples of such nitrogen-free compartment sare the Rhizobium nodules found in the roots of nitrogen-fixing legume plants. The hard casing of these nodules keeps oxygen out of the pockets where Rhizobium bacteria do their valuable work of converting nitrogen gas into ammonia.You can see the oxygen-free Rhizobium nodules, visible as big round lumps, on the roots of this cowpea plant:Rhizobia nodules on Vigna unguiculata In nitrification, a host of soil bacteria participate in turning ammonia into nitrate the form of nitrogen that can be used by plants and animals. This requires two steps, performed by two different types of bacteria.First, soil bacteria such as Nitrosomonas or Nitrococcus convert ammonia into nitrogen dioxide. Then another type of soil bacterium, called Nitrobacter, adds a third oxygen atom to create nitrate. These bacteria dont convert ammonia for plants and animals out of the goodness of their hearts. Rather, they are chemotrophs who obtain their energy from volatile chemicals. By metabolizing nitrogen along with oxygen, they obtain energy to power their own life processes.The process can be thought of as a rough (and much less efficient) analog to the cellular respiration performed by animals, which extract energy from carbon-hydrogen bonds and use oxygen as the electron acceptor, yielding carbon dioxide at the end of the process.Nitrates the end product of this vital string of bacterial reactions can be made artificially, and are the main ingredient in many soil fertilizers. You may actually hear such fertilizer referred to as nitrate fertilizer. By pumping the soil full of nitrates, such fertilizers allow plants to grow large quickly, without being dependent on the rate at which nitrogen-fixing bacteria do their jobs!Interestingly, high-energy environments such as lightning strikes and volcanic eruptions can convert nitrogen gas directly into nitrates but this doesnt happen nearly enough to keep modern ecosystems healthy on its own! In nitrogen assimilation, plants finally consume the nitrates made by soil bacteria and use them to make nucleotides, amino acids, and other vital chemicals for life.Plants take up nitrates through their roots and use them to make amino acids and nucleic acids from scratch. Animals that eat the plants are then able to use these amino acids and nucleic acids in their own cells. Now we have moved nitrogen from the atmosphere into the cells of plants and animals.Because there is so much nitrogen in the atmosphere, it may seem that the process could stop there but the atmospheres supply is not infinite, and keeping nitrogen inside plant and animal cells would eventually result in big changes to our soil, our atmosphere, and our ecosystems!Fortunately, thats not what happens. In a robust ecosystem like ours, anywhere that energy has been put into creating an organic chemical, there is another form of life that is waiting to extract that energy by breaking those chemical bonds.A process called ammonification is performed by soil bacteria which decompose dead plants and animals. During the process, these decomposers break down amino acids and nucleic acids into nitrates and ammonia and release those compounds back into the soil.There, the ammonia may be taken up again by plants and nitrifying bacteria. Alternatively, the ammonia may be converted back into atmospheric nitrogen through the process of denitrification. In the final step of the nitrogen cycle, anaerobic bacteria can turn nitrates back into nitrogen gas.This process, like the process of turning nitrogen gas into ammonia, must happen in the absence of oxygen. As such it often occurs deep in the soil, or in wet environments where mud and muck keep oxygen at bay.In some ecosystems, this denitrification is a valuable process to prevent nitrogen compounds in the soil from building up to dangerous levels. Nitrogen is an essential ingredient for life as we know it. Its unique chemical bonding properties allow it to create structures such as DNA and RNA nucleotides, and the amino acids from which proteins are built. Without nitrogen, these molecules would not be able to exist. 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Some organisms can use nitrogen compounds to grow faster than others and that means that when theres lots of nitrogen around, these organisms can grow so fast that they cause harm to other organisms.One concern that has been raised about the use of artificial nitrate fertilizer is that when it gets into rivers, lakes, and even the ocean, it can cause runaway growth of plant life there.More plant life might sound like a good thing but not when aquatic plants include algae that can block sun and oxygen from getting to other aquatic organisms, and even produce toxins that make humans and other animals sick!Nitrate fertilizer in water supplies has been blamed for some blooms of red tides, brown tides, and Pfiesteria bacteria all of which produce toxins that can sicken or kill humans and other animals.The question of how to keep farmlands fertile without using nitrate fertilizers is still being investigated by scientists. It is hoped that someday, sustainable practices using natural or genetically engineered nitrogen-fixing plants may allow farmers to produce high crop yields without adding high concentrations of artificial nitrates to the soil. The Story of ThanksgivingThe story of the first Thanksgiving goes that the pilgrims feasted with the Indians to celebrate their first harvest in the New World. But why was this harvest a big enough deal to throw a feast over? And why, exactly, was it important that the Indians and the European settlers ate together?When the European settlers came to the Americas, they had very little idea of how to survive here. Having worked farms in back in England for generations, the pilgrims assumed that farming here would be very much the same. That turned out not to be the case. The pilgrims had a difficult time growing or finding enough food to last them through the winter.One of the reasons for that was that there was not much nitrogen in the soil where the pilgrims landed. Their crops were not nitrogen-fixing, and they hadnt brought any large livestock. This was a major problem, as manure had been a common source of fertilizer in the old world. After trying in frustration to grow crops in the American soil, the Europeans were shown how to solve their problems by the American Indians.By burying dead fish in their crop fields, the pilgrims restored nitrogen from the fishs proteins and nucleotides to the ground. As a result, their crops flourished and the first European settlers learned from the American Indians how to survive in the New World. Some tribes of Native Americans traditionally grow three crops together, corn, beans, and sqash.Often referred to as the three sisters, this crop combination is ingenious for several reasons. For one, eating these three plants in combination provides humans with proteins containing all the essential amino acids.For another, it includes a nitrogen-fixing plant,beans. The beans contain Rhizobium nodules in their roots, which contain bacteria that can convert atmospheric nitrogen into a form thats usable by soil bacteria and, ultimately, plants,Just like burying fish in the fields, growing beans alongside corn and squash assures that the soil does not become too depleted to grow new plants. Even a single crop of corn or squash may grow better alongside nitrogen-fixing beans, as their Rhizobium bacteria nurtures the surrounding soil! Humans first began fertilizing their crops using natural nitrogen-containing substances such as dead fish and animal manure. These waste products of animal life contained proteins, amino acids, and nucleotides which soil bacteria and plants could use to grow.Today, humans have discovered industrial processes which can turn ammonia into nitrates just like those produced by soil bacteria. Plants can use these nitrates directly, and human industry can produce them in large quantities.Unfortunately, the human impact on the nitrogen cycle makes changes to the environment, which can have unintended consequences. Just as artificial nitrates promote the growth of good plants like crops, they can also promote the growth of bad plants and algae that produce toxins and outcompete other life forms.This can be especially problematic when artificial fertilizers are carried by rainwater from farmlands and lawns into rivers and lakes. The result can be the growth of toxic algae that can strangle wetlands and even get into human drinking water.

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