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## How do you find out who blocked you on instagram

Instagram connects almost 2 billion people globally. Now, we can interact with most of our friends and family and communicate. But if you are having a hard time figuring out whether the account you were interacting with has suddenly disappeared, then you should learn how to know if someone has blocked you on Instagram. This way, you no longer have to wonder about users anymore! Let's get started. There are several ways to find out if someone blocked you on Instagram. Keep reading to find your answer. Method 1: Via Searching Profile The easiest way to do so is by typing their username in the search bar. If their profile doesn't appear in the results, they may have blocked you. Double-check for any spelling mistakes in the username. Method 2: Via Direct Messages Go to your Instagram inbox and find your conversation with them. If their profile picture is missing and their name shows as Instagram User, chances are you are blocked. Additionally, you can try sending a new message. If it fails to deliver instantly, that's another sign. Method 3: Via Checking Old Comment If the user was your old friend, find a post where they previously commented on your profile. If their username in the comment is no longer available, it can indicate that they have blocked you. Check multiple posts to be certain, and if all their comments show this change, it's a strong indication of being blocked. Method 4: Via Checking Tagged Profile Another way to see if someone blocked you on Instagram is by using the tagged feature. If the tags are still visible but their username isn't clickable, they have likely blocked you. Their tagged photos might also disappear from your profile entirely too. Method 5: Via Searching in Browser You can always try searching their username on a browser instead of your profile. Open any browser without logging in to Instagram. Type in [instagram.com/theirusername](https://www.instagram.com/theirusername). For example, [instagram.com/mark123](https://www.instagram.com/mark123). Hit Enter. If you can see the profile from a browser but not from your account, it's a confirmation that you have been blocked. Method 6: Via Searching from Another Account or Mutual Similarly, you can use a different Instagram account or ask a friend to search for the profile. If they can see it but you can't, you've definitely been blocked. You can also log in on a different device to confirm. This is the most reliable way to verify a block. Also Read: [How to Add Link to Story in Instagram](#) Now you will no longer have a difficult time figuring out how to know if someone has blocked you on Instagram after following this guide. For more helpful tips and tricks, stay tuned, and feel free to share your suggestions in the comments below. Instagram does not send any notifications when an account is blocked.Getting blocked from an account is different from an Instagram profile set to private.A simple search is a better alternative to third-party apps to tell if someone has blocked you on Instagram. This article explains how to tell if someone blocked you on Instagram. Instructions apply to both the mobile app and the website. Nothing happens, actually. Instagram doesn't send out a notification to tell you that a user blocked you. You will never know unless you investigate. Clues that someone blocked you on Instagram include: Someone's account activity has dropped, and you haven't spotted their shares or stories on your feed or received direct messages from them for some time.You search a person's Instagram account handle but can't find the account or access their profile.If you're still not sure, here are some other methods to see if someone blocked you or if it's just a mistake on your part. Neither the app nor the website provides a list of people who have blocked you. So, in that sense, you can't see who blocked you on Instagram. However, if you suspect someone in particular, following these tips can reveal if you're on their block list. Search for their account. Tap the Search tab and input their username. If the account doesn't show up in the results, they either blocked you or deleted their account. Use an old comment or a DM to reach their profile. If their profile shows up but also displays a User not found and a No Posts Yet message on the photo grid, it indicates that the person has blocked you. This method only works if they have exchanged messages with you. Visit their profile while logged out. If you use the app exclusively, visit their profile in a web browser by entering this: [www.instagram.com/TheirUsername](https://www.instagram.com/TheirUsername). If you can see their profile while you're logged out but not while you're logged in, it means they blocked you. If you cannot see the profile this way, the person could have deleted their account. Try to follow them. Go to Instagram on the web and open their profile page in the browser. Check if they have blocked you by selecting Follow. If they have blocked you, the button won't work, and Instagram might indicate a problem with a message. Look for likes and comments on groups and other accounts. This activity indicates that the user hasn't deleted their account but has only blocked you. When someone blocks you, they also cannot see your profile on Instagram. You do not need to block them in return if you don't want to. There is little you can do when you get blocked. FAQ To unblock someone on Instagram, find their profile and tap Unblock. You can view a list of the profiles you blocked by going to your profile page and selecting Settings and Privacy > Blocked. Blocking an Instagram user means they won't be able to locate your profile, posts, or Instagram story. While they can mention your username in their posts, these mentions aren't displayed in your account like other ones are from people you haven't blocked. Thanks for letting us know! Get the Latest Tech News Delivered Every Day Subscribe Tell us why! Instead of using unreliable third-party apps to see who blocked you on Instagram, use these quick and easy methods to find them yourself. Search for their account on the platform, see if the "Follow" feature works, and look for their comments and messages to you. If you can't find their profile, you've most likely been blocked. To start a search, tap the search icon and enter their username. You can also search online by adding their username to [instagram.com/username](https://www.instagram.com/username). [1] If their account is private and you don't see any results when you search, you've been blocked.[2] If their account is public and you can see their username, but you can't view their profile page, post count, follower or following numbers, and the photo area says "No Posts Yet," you've been blocked. If you're on a browser page and see an error message that says "Sorry, this page isn't available," then you've been blocked or the account owner deleted that account. You can also ask a friend to see if they can find the account. If they can't see the page either, chances are high that the user deleted or temporarily deactivated their account.[3] Advertisement The "Follow" button won't work if you're blocked. If you get an error message or the button doesn't work, you know you've been blocked. But if the "Follow" button disappears, you're not blocked! You might, instead, be restricted.[4] Click or tap on one of their comments to see if you can view their profile. If you see a "This page is unavailable" error or are unable to see their account's details, you've most likely been blocked. If you try to comment on one of their posts, but it won't go through, don't automatically assume that you're blocked. They might have disabled comments on the post or restricted you instead. Advertisement Even if you're blocked, Instagram will not erase your DMs. In fact, you can still send messages in a conversation even if you are blocked, but they won't be delivered. Go to the conversation and tap the profile picture of the person you think may have blocked you to go to their profile page. If you can't see their profile details or get a "User Not Found" error, you've most likely been blocked.[5] This error can also indicate that the user deleted their account. Ask a Question Advertisement Written by: wikiHow Technology Writer This article was co-authored by wikiHow staff writer, Darlene Antonelli, MA. Darlene has been writing and editing tech content at wikiHow since 2019. She previously worked for AppleCare, served as a writing tutor, volunteered in IT at an animal rescue, and taught as an adjunct professor for EN101 and EN102. Darlene has completed Coursera courses on technology, writing, and language. She holds both a BA (2011) and an MA (2012) from Rowan University in Writing, with a focus on workplace communication. With her extensive experience, academic background, and ongoing learning, Darlene has become the go-to grammar expert for her friends and family, as well as a skilled wordsmith for anyone in need. This article has been viewed 47,706 times. Co-authors: 4 Updated: May 4, 2025 Views: 47,706 Categories: Instagram Accounts Print Send fan mail to authors Thanks to all authors for creating a page that has been read 47,706 times. To check if someone blocked you on Instagram, try searching for their account in the app or on the website while logged in. If you can't see it, log out of Instagram on your browser and try viewing their account. If it is now visible, they've blocked you. Instagram doesn't notify you when someone blocks you. If you have a nagging suspicion about someone who you haven't heard from in a while, here's how you can check if they have blocked you on Instagram. You might find some third-party tools that advertise that they'll notify you when someone blocks you, but those almost never work. So, what does? Some good old-fashioned detective work. Follow the next steps to deduce if you've been blocked on Instagram. Let's start by searching. Open the Instagram app on your iPhone or Android handset and then tap the "Search" icon to go to the "Explore" page. Here, tap the "Search" bar. Try to search for the person's Instagram account handle. If you can't find the user, it might mean that they have blocked you. One sure-shot way of knowing if you've been blocked is by finding your way to their profile page in the Instagram app. Now, you clearly can't get there from search. But you can do it from old comments or from an Instagram DM conversation. If you can see their Instagram handle or their icon, tap it. This action will open their profile. Now, if Instagram says something like "This Account Is Private," it just means that they switched to a private account and they removed you as a follower. You can try to follow them again to get in their good graces. But if the Instagram app says something like "No Posts Yet" and it doesn't show the profile's bio or the follower information, it means you are blocked. It might also just show you a banner saying "User Not Found." You can also confirm this by visiting the person's Instagram profile on the web. If you remember their Instagram ID, add it to the end of the "[www.instagram.com/username](https://www.instagram.com/username)" link. If Instagram tells you that the page doesn't exist, they might have blocked you or they might have deleted their profile. If you see that message, try logging out and viewing it --- if their profile is visible while you're logged out, then you can be sure they have blocked you. Instagram might try to force you to log in instead of displaying their page if you've previously logged in to Instagram on the device you're using. Try using Incognito Mode if that happens. One piece of information might not be enough to discern, but if you followed all the above steps and you couldn't access their profile, it probably means that you have been blocked. If you want to be really sure, you can ask a friend to search for their Instagram handle. If your friend can access their profile (whether it's public or private) and you can't, well, it's pretty clear that you have been blocked. Want to give them a taste of their own medicine? You can block someone on Instagram as well. And if you're also concerned about unfollows, you can do some detective work to find out what followers you've lost on Instagram too. Share — copy and redistribute the material in any medium or format for any purpose, even commercially. Adapt — remix, transform, and build upon the material for any purpose, even commercially. The licensor cannot revoke these freedoms as long as you follow the license terms. Attribution — You must give appropriate credit, provide a link to the license, and indicate if changes were made. You may do so in any reasonable manner, but not in any way that suggests the licensor endorses you or your use. ShareAlike — If you remix, transform, or build upon the material, you must distribute your contributions under the same license as the original. No additional restrictions — You may not apply legal terms or technological measures that legally restrict others from doing anything the license permits. You do not have to comply with the license for elements of the material in the public domain or where your use is permitted by an applicable exception or limitation . No warranties are given. The license may not give you all of the permissions necessary for your intended use. For example, other rights such as publicity, privacy, or moral rights may limit how you use the material. You're scrolling through your feed, and suddenly you realize you haven't seen updates from a certain someone in a while. Your messages go unanswered, and their digital footprint in your online world seems to have vanished. Well, it seems like someone has blocked you! In the age of digital connections, being blocked on Instagram can feel like a virtual door slammed in your face. Have they simply taken a social media detox, or have you been blocked? To solve this mystery read our comprehensive guide on how to find out who blocked you on Instagram. Let's get started! Also Read: [How to Poke Someone on Facebook That Is Not your Friend To start off, open your Instagram app and tap on the magnifying glass icon at the bottom. This is your search tool. Now, type in the username of the person you suspect might have blocked you. Here's what you need to look out for: - If their account is private and it doesn't show up in the search, it's a strong hint that they've blocked you. - For public accounts, if you visit their profile and notice missing profile pictures, post counts, and the "No Posts Yet" message, it's likely you've been blocked. Don't stop there, though. You can also check on a web browser. Just type \[instagram.com/theirusername\]\(https://www.instagram.com/theirusername\) into the search bar. If you get a message saying "Sorry, this page isn't available," then you might have been blocked or the account could have been deleted. Go through your own Instagram posts and find a comment from the person in question. Clicking on their username should take you to their profile. If you're met with limited details or the "Sorry, this page isn't available" message, then you've probably been blocked. Quick tip: If you can't comment on their posts, don't jump to conclusions. It could just mean they've turned off comments for that particular post. Instagram doesn't erase your message history with someone even if they block you. You can still see past messages and even send new ones, but they won't receive them. If you tap "View Profile" and it shows "User not found" or there are no posts, it's another sign you may have been blocked. However, this could also mean they've deleted their account. Note: If your message history looks blank, it might not be a block—it could be a glitch with Instagram. Also Read: \[Discovering Friends on Facebook: Will They Be Notified?\]\(#\) When you're blocked, Instagram removes all your likes and comments from the blocker's posts. You won't be able to tag or mention them either. In terms of direct messaging: - Your previous messages will stay in their inbox, but you can't send new ones. - In group messages, they'll still see your messages, but Instagram will offer them the option to leave the group. - Any new messages you send won't go through, and that's final—even if they unblock you later. Understanding these signs can help you confirm if someone has indeed blocked you on Instagram without the need for any third-party apps. We have come to an end of our guide on how to find out who blocked you on Instagram. To stay atop of the tech news world stay tuned to techthirst LinkedIn and 3rd parties use essential and non-essential cookies to provide, secure, analyze and improve our Services, and to show you relevant ads \(including professional and job ads\) on and off LinkedIn. Learn more in our Cookie Policy.Select Accept to consent or Reject to decline non-essential cookies for this use. You can update your choices at any time in your settings. Credit: PicMe - Shutterstock When you block someone on Instagram, that user cannot view your profile, like, share, or comment on your posts; or mention, tag, or message you. Your account also will not show up in their search results. This may be the right move for protecting your privacy, but it doesn't feel great when you're on the receiving end.If you can't find someone you thought you followed on Instagram, it may simply mean they've deactivated or deleted their account, or they've removed you as a follower so their content isn't at the top of your feed. It's also possible they blocked you. Instagram doesn't notify users when they've been blocked or allow them to see a list of accounts they've been blocked by—but here's how to figure it out. Search for their usernameUsers who have blocked you will not show up when you search for them, so this is the first potential giveaway. Go to the Search tab in the Instagram app and enter the account username. If the account is private \(and you've been blocked\), it won't appear in the results at all. If it's public, you'll be able to click on the profile but will see "No posts yet" in the grid. You can also use search to double- and triple-check: If you have more than one Instagram account, try searching for the user while logged in there. If the profile shows up, your primary account has probably been blocked. \(Note that Instagram has the option to preemptively block new accounts a user may create.\)Similarly, you can ask a friend to search for the user through their account. Go to Instagram on your browser. Make sure you are logged out and type /username into the address. If the account page is live, you may have been blocked. If you've ever had a direct message thread with the user you think blocked you, or if they've ever liked or commented on your posts, you can use these to try to access their profile. Your message history will still appear even if you've been blocked. Open the chat thread and tap the View Profile button. If their grid says "No posts yet" and you see a pop-up with the message "User not found" or "Sorry, this page isn't available," it's possible they blocked you. The same thing applies to clicking on the person's username from a comment or like. However, these could also be indicators that the person deleted their account. This story is available exclusively to Business Insider subscribers. Become an Insider and start reading now. To know if someone blocked you on Instagram, try searching for their account. If you can't find their account or see the profile image, you may have been blocked. If you can see their profile and posts on another Instagram account, they may have blocked you. If you recently noticed that you can no longer see a certain person's posts in your Instagram feed, it's possible they simply haven't posted anything in a while — or they may have blocked you. Instagram doesn't notify you when you have been blocked, nor is there any comprehensive list of people that have blocked you that you can look at. Even so, if you suspect you have been blocked on Instagram, there are some steps you can take to find out if you've been blocked. Quick tip: In addition to finding out if you've been blocked, you can find out who has unfollowed you on Instagram as well. Search the account that may have blocked you Start by searching within the app for the account that you think has blocked you. Tap the Search icon at the bottom of the screen. Then type the name of the account. If the account is private and you can't find it, you've probably been blocked. If the account is public, and when visiting their page you can't see their profile image, post count, follower count, or following count, and the photo grid area reads "No Posts Yet," you have been blocked. You can also perform this search in a browser. Type in the link \[instagram.com/username\]\(https://www.instagram.com/username\) \(replacing the word "username" with their Instagram handle, of course\). If you see this message when trying to visit an Instagram account on the desktop which you know exists, you've probably been blocked. Dave Johnson/Insider If you see a page that says "Sorry, this page isn't available," then either the individual has deleted the account or you have likely been blocked. Instagram users can also be a bit more subtle. Someone might remove you from their followers — this means you won't see their posts, but you're technically not blocked. They may have also muted you; again, you're not blocked, but they won't see your content in their feed and will have less reason to interact with you. Look at your own posts to see if they've commented If the person has ever commented on any of your own posts, tap their username to go to their profile. If this takes you to their profile but you can't see any details, or if you see a page that says "Sorry, this page isn't available," then again, you have likely been blocked. Quick tip: If you're unable to comment on the other person's posts, it doesn't mean you've been blocked. Instead, it may simply mean they've disabled comments for that post. Check your direct messages with the person just like with comments, if you've been blocked by the other individual. Instagram doesn't delete any messages you've already exchanged. In fact, you can send new messages, though they will not be delivered. Tap View Profile to go to their profile page. If their page has no posts and you see a brief message that says User not found, it probably means you've been blocked — though it might also be a sign that the individual has deleted his or her account. If you can't see any posts on a user's profile page, either the user deleted their account or you've been blocked. Dave Johnson/Insider It's also worth noting that if you can't see your chat history with the person, it's not always a sign that you've been blocked. In the past, Instagram has experienced a bug in which messages were blocked out. If you see this, there might be a similar software glitch affecting your chats. If the problem persists, check out our guide to contacting Instagram and see if they can help resolve the issue. Ask a friend to see if they can find the account You have one last method to try to see if their intent was to block you: Ask a friend if they can still see the individual's account. If they can't either, there's a silver lining here: You may not have been blocked. The person might have instead deleted or temporarily deactivated their account, for example. If everything above fails, you should follow good social media etiquette — the individual probably doesn't want to interact with you, so respect that person's privacy and don't try to contact them or circumvent the block. What happens when someone blocks you on Instagram? Instagram will remove all your likes and comments on their photo and video posts. You also won't be able to tag or mention them in posts and comments. When it comes to messaging, the following will happen: Your previous direct messages will still be in the person's inbox, but they will not be able to message you again. The person will still be able to see anything you send in group messages that you're both a part of — although, Instagram will give them the option to leave said group when they block you. Any messages you send to them won't be delivered — it doesn't matter if they unblock you later. If they go live or create a room, you won't be able to join it. Dave Johnson Freelance Writer If you can't find the account of the person you suspect has blocked you, they might have changed their username, deactivated their account, or indeed blocked you. To confirm if their account hasn't been deactivated or deleted, you can ask a mutual friend to check for their account. You can also use the unique profile link technique for this purpose. You can access their profile through an old DM to see if they have changed their username. If you're unable to tag them or send a follow request, this confirms that you've been blocked. Do you suspect that someone has blocked you on Instagram? Instagram does not allow you to see a list of people who have blocked you. In fact, the platform won't even notify you when someone blocks you. There are, however, some methods you can use to find out if someone has blocked you on Instagram. 1 Search for Their Username If you search for the profile of the person you suspect has blocked you but can't locate it, there are four possible reasons: the person may have deactivated their account, Instagram may have banned their account, they might have changed their username, or they might indeed have blocked you. To determine which of these possibilities applies to your situation, you need to rule them out one by one. If you can't locate a person's account through search, it's worth checking whether the account in question still exists on Instagram or has been deactivated or removed. In the past, creating a new account to search for a profile was an option. However, Instagram now blocks any new account you create for that purpose, preventing you from verifying if you've been blocked. Therefore, you should ask mutual friends to confirm if the person's account still exists. If they're unable to find it, the account has probably been deleted or temporarily deactivated rather than you being blocked. However, there's a chance that the person has also blocked your mutual friends who are assisting you in checking the account. To rule out this possibility, you can attempt to search for their account directly using a unique profile link. When setting up your Instagram account, you're assigned a unique URL that includes your username. Replacing the username in the profile link with the account handle of the person who you suspect has blocked you should take you to their account—if it exists. If you open Instagram in your browser and search for their profile with a direct link, you'll either see their profile directly, or the message: "Sorry, this page isn't available." To confirm if the account exists or not, log out of Instagram and search the same URL in a new tab. You'll see the same message if the account is deactivated \(or no longer exists\). If you see their profile this time, however, they have blocked you. When someone changes their username, the URL name automatically changes too. So, if they have changed their username recently, the above methods won't help you locate their profile. If you're unable to find your friend's account through the search bar, and your friends are also facing the same issue, it's important to confirm that the person hasn't changed their username on Instagram. When you are blocked, your previous conversations do not disappear. So, if you remember exchanging conversations via DM, open up your messages and go to their profile. Since you can find out if someone has changed their username in this way, you'll certainly have been blocked if their changed name doesn't show up when looking for their account. When someone unfollows you on Instagram and has set their account to private, you won't be able to view their photos and posts, and you'll see a message stating, "This account is private." Therefore, you should rule out the possibility that they've only unfollowed you. To confirm this, visit their profile and tap on the Follow button. If they've unfollowed you, your follow request will be sent, and you'll notice the Follow button changes to Requested. However, if they've blocked you, your follow request will be instantly canceled upon sending it, causing the Requested button to revert to Follow as soon as you tap on it. When someone blocks you on Instagram and they're part of a group chat with you, Instagram gives them the option to leave the chat. If they decide to leave, you won't receive any notifications about their departure, but you'll find that their account is no longer visible in the group chat. However, if they choose to remain in the group chat, you'll still be able to see their profile and all the messages they send within the group chat. You can interact with their messages by replying or reacting to them. If you notice that the person you suspect is actively participating in the group chat you share, but their profile displays "This account is private," it suggests that they have either unfollowed you or blocked you. Even if someone has blocked you on Instagram, you can still message them. However, they won't receive these messages on their end. Therefore, if you can send messages to someone, don't assume that you haven't been blocked. When people block you on Instagram, you cannot mention or tag them in your posts or comments. That's another way to find out if someone has blocked you. Nonetheless, making an account private has the same effect. If you cannot tag or mention someone in a post on Instagram, search for their username or profile instead. If the account exists but you cannot see any posts, there is a good chance you have been blocked. Instagram doesn't notify you when someone blocks you on Instagram, but you can use some simple methods to check. If you discover that you were blocked by someone you're close with, ask and see if they'll unblock you. If your relationship with someone is tarnished, or they refuse to unblock you, it's important to respect their decision—whether you agree with it or not. Lastly, when someone blocks you on Instagram, the person gets automatically blocked from your side as well. So, you don't need to retaliate and block them back.](#)